Name of the Publication: The Hindu

Date: 24.04.2018

Page No: 02

Edition: Hyderabad

Headline: Freedom Kee Paatashala



Freedom Refined Sunflower Oil organized "Freedom Kee Paatashaala by Chef Puneet Mehta" one of the finalists of Master Chef – India Season-2, an initiative to provide a platform for ladies to learn exotic dishes in a master class for the discerning audience. Chef Puneet Mehta interacted with the participants, gave useful health, cooking tips and shared some of his most popular healthy recipes suiting the palate and the season.

Speaking on the occasion Mr. P. Chandra Sekhara Reddy, Vice President – Sales Marketing, Freedom Refined Sunflower oil said, "We have received an overwhelming response. We are pleased to organize the event and provide the home cooks an opportunity to learn the recipes from the elite professionals as a part of this initiative.

Name of the Publication: Telangana Today

Date: 24.04.2018

Page No: 03

Edition: Hyderabad

Headline: Award ceremony for cookery event

Hyderabad

Award ceremony for cookery event

Freedom Refined Sunflower Oil is holding valedictory and award ceremony for the 3rd batch of Freedom Self Employment Cookery Workshop at NTR Memorial Trust Bhavan, Banjara Hills on April 24 at 3 pm.